



POWERFUL WORDS

CHARACTER DEVELOPMENT

PARENTS PERCH

Young students: "I have a no-quit, go-for-it attitude!"

Older students/teens/adults: "Persisting in the face of challenge & surging forward after failure."

Week 1 Indomitable spirit defined: Who has an indomitable spirit, what are their habits & how do they persist?

Week 2 Overcoming hurdles: What gets in the way? How do we cope with challenges?

Week 3 Dealing with failure: How can we see failure as a learning opportunity & how do we pick up and try again?

Week 4 Talking to ourselves: How can we urge ourselves forward. Is there a time to quit and move on?

Dear Family,

This month we are going to be discussing the powerful concept "indomitable spirit."

People who are described as having an indomitable spirit persist in the face of challenge. They don't allow mistakes to stop them from going after their dreams. They pick themselves up after each failure, learn from experience and surge forward with new knowledge. They might try something new, practice harder or get some help. People with an indomitable spirit get a fire in their bellies, buckle down and don't give up when they've made the choice to persevere until the end. They are unstoppable.

It has been said that people who have an indomitable spirit, have set habits that allow them to persist. They have:

- a strong vision that drives them,
- a passion to keep fighting,
- a belief in their capabilities,
- a routine work ethic,

- the ability to pivot and adapt,
- commitment to learning, and
- role models to emulate (Harvey Deutschendorf, 2015, Fast Company).

When we surround ourselves with persistent people, we tend to try harder as well. Studies show that even babies learn persistence by watching adult models. Being around people with an indomitable spirit allows us to become inspired such that we become "birds of a feather." In addition, while persisting against all odds, it can be a huge benefit to have strong connections to others who serve as a support system, cheerleaders and sounding boards along the way.

We certainly have many examples of people who have demonstrated indomitable spirit in their lifetimes. Helen Keller's determination, along with the unwavering support of her teacher, helped her to learn both Braille and sign language despite being both deaf and blind. J.K. Rowling was rejected

by 12 major publishers before getting an acceptance letter with one caveat; "don't quit your day job." Nelson Mandela was imprisoned for 27 years before being released and becoming president of South Africa, Steve Jobs got fired from Apple before returning and Michael Jordan didn't make the cut when he tried out for the high school basketball team! Indomitable spirit has the power to, over time, change the outcome from failure to success.

We thank you for your support. You are pivotal in helping to make our school one of the best personal development centers in the world.

Here's to your success!

Best Regards,
—Your Motivated and Dedicated
Instructors

UPCOMING POWERFUL WORDS

APRIL GENEROSITY
MAY COMPOSURE
JUNE LEADERSHIP